

## **EARLY CHILDHOOD Poster Sessions**

### *Community Partnerships Support Early Learning Screenings*

Ancilla Parducci, University of Illinois Extension  
Lisa Viaene, Child and Family Connections

Early Learning Screenings focuses on expanding participation of children and families in educational endeavors that focuses on the development of knowledge, skills, and competencies that will lead to an understanding of school success.

### *"Have You Seen My Duckling?" And Have You Seen This Session! Literacy for Families in Poverty that Utilizes Award Winning Literature*

Zona Hutson, Ruthellen Phillips, Vada Zinn, and Kerri Wade, West Virginia University Extension Service

*Family Storyteller*, a family literacy program, targets low-income parents of pre-school children. The goal of the program is to enrich parent/child interaction in the home environment, and to enhance the language and lifelong learning skills of both parent and child. *Family Storyteller* teaches parents how to have fun with children through books.

### *Strengthening Families in Early Care and Education Settings*

Joan Laurion, University of Wisconsin Extension Dane County

Early care and education professionals have trusting, day-to-day relationships with families of young children. They are perfectly placed to help protect children from abuse and neglect (PCAN) by intentionally supporting five protective factors in the all the families they work with. Come learn about this national initiative to build family strengthening capacity among early care and education professionals and how you can partner with them in this important work.

## **SCHOOL AGE Poster Sessions**

### *Assessing Participation in Youth Community Action Projects: Opportunities and Barriers*

Kristi Lekies, Ohio State University Extension  
JoAnne Baldini, Cornell University

This study examined the extent of youth planning, decision-making, problem-solving, and other forms of participation in Youth Community Action activities across New York State. Barriers to participation, as well as differences by age of participants, project stage, and gender were examined also. Recommendations for adult leaders are provided.

### *The Effectiveness of Service-Learning on Student's Awareness and Understanding of Poverty*

Jeffrey L. Jordan, Kathy Thompson, Lew Allen, University of Georgia  
Laura Jordan, Griffin-Spalding County School System

This presentation reports on a new, multidisciplinary study on the connections between education, poverty, and service-learning. The findings discuss the effectiveness of using a service-learning approach to address poverty issues and the awareness and understanding of

poverty among middle school students. The project is a collaboration between the University of Georgia's League of Professional Schools and the Griffin-Spalding School System.

*Engaging Female Youth in Science Career Exploration*

Kim Christman, Melanie Costello, Sara Hankemeier, Jennifer Hunter, Johnna B. Jennings, Debbie Moser, and Sandy Stiles, University of Illinois Extension

Advanced Science Siesta is an outreach initiative focusing on science and science career exploration with 7th and 8th grade girls. Youth work side-by-side with science professionals at their field locations. This event enhances science skills, science career exploration, and education/training needed to become a scientist. Visit this poster session to learn more and receive informational handouts and marketing materials.

*Evaluation of Ohio's Operation: Military Kids Camps*

Theresa M. Ferrari, Dona Leonhard, Amy Robinson, Ohio State University Extension  
Sue Ann Carroll, Ohio National Guard

Participation in camp programs is known to provide positive benefits to young people in general and specifically for military youth. Ohio has conducted successful Operation: Military Kids Camps in partnership with the Ohio National Guard. This poster session will highlight the (a) program components, (b) evaluation results, and (c) implications for programming.

*Exploring Methods for Culturally Competent Evaluation in CYFAR Projects*

Louise Parker, Washington State University Extension  
Nicole Werner, Washington State University  
Tatyana Bistrevsky, Washington State University Extension Spokane County  
Diana Castro and Maureen MacCracken, Washington State University Mason County

CYFAR projects reaching culturally diverse youth and families often face challenges in documenting their success through formal evaluation. Traditional evaluation methods such as surveys may be difficult to administer, and trust and access issues may limit participation. CYFAR staff from Washington State will share strategies and methods for successfully engaging culturally diverse audiences in meaningful evaluation activities.

*Florida After-School Enrichment Program: A Research-based Evaluation*

Rose Barnett, Jerry Culen, Kate Fletcher, and Keith Gouin, University of Florida

Research-based evaluation findings will be discussed related to program impact for two Florida after school programs: the Yes to Science 4-H After School Program and the 4-H I GOT IT Program. Both programs are being monitored for impact through pre-test/post-test comparisons of each participants' performance, self-reports on program involvement, attendance, homework completion, recreation, and computer time. Planning, meaningful evaluation, and outcomes will be presented.

*Food Smart*

Lisa M Dennis, University of Maryland Cooperative Extension

This poster session describes a nutrition education program that is taught at our New Communities CYFAR Project location. It utilizes children's literature as a tool to increase reading and nutrition knowledge for Hispanic and African American youth.

*Health at Any Size: Learnings from LIFE campers ages 5 – 12*

Jan Carroll, Colorado State University Cooperative Extension  
Susan Baker, Jennifer Ogle, and Brian Butki, Colorado State University

Four focus groups explored the meanings that children attach to concepts such as health, healthy lifestyles, and healthy bodies. The focus groups were conducted as a preliminary study in support of a larger research agenda proposing to develop and test educational curricula aimed at concurrently promoting healthfulness and the ideology of "health at any size" among elementary school-age children.

*The Hispanic Student in Your Classroom: A Graduate Course for Educators, Conducted by Extension*

Richard L. Fleisher, West Virginia University

Learn about "The Hispanic Student in Your Classroom", a graduate course conducted by Extension to increase educators' capacity to teach Hispanic students more effectively. The overriding purpose is to encourage an interactive school environment where teachers, students, families, and community leaders, representing the dominant culture and Hispanic cultures, work together to break down barriers to learning and promote increased cooperation and tolerance.

*Just Be It! Healthy and Fit Project Reduces Childhood Obesity Risk Factors*

Diana DelCampo, New Mexico State University Cooperative Extension Service  
Desaree Jimenez and Roberta Rios, Rio Arriba County Extension Service  
Jacqueline Baca, Santa Fe County Extension Service  
Paula Roybal Sanchez, Los Alamos County Extension Service  
Robert DelCampo, New Mexico State University

The Just Be It! Healthy and Fit program reduces the risk factors for childhood obesity of 5th grade students in the New Mexico counties of Santa Fe, Rio Arriba, and Los Alamos. Extension collaborates with the school system to deliver nutrition education, provide opportunities for physical activity, and encourage increased intake of fruits and vegetables for students.

*Optimistic About My Future In Science, Technology, Engineering and Mathematics*

Harry W. Tyrer, Tom Marrero, Lee Henson, Melissa Scheer, and Bill Pabst, University of Missouri - Columbia

Science, Technology, Engineering and Math (STEM) accommodates those with disabilities. A pilot effort using computers and a website involved the University of Missouri – Columbia, College of Engineering and 4-H in providing important experiences in science. The motivation is to provide a vision for employment in areas of STEM, which starts with an early vision of success for the junior and early senior high students.

### *Positive Youth Development and Nutrition In Sports*

Jacqueline Davis-Manigaulte and Carol Parker-Duncanson, Cornell University Cooperative Extension-NYC

Seventy percent of youth who play sports will stop by age 12. Yet physical activity that continues into young adulthood is a preventive measure for obesity and poor health. Discover some of the key findings from the "Positive Youth Development and Nutrition in Sports" study on youth sports programs and coach training curricula. Learn how to take a more comprehensive approach to engage youth in fitness activities for life and provide opportunities for positive self-development.

### *The Transfer of Experiential Learning from College Classroom to Community: Collaborations and Changes In Undergraduates' Skills and Attitudes about Service Learning with Youth*

Kate Fogarty and Jaime LaFarr Jenkins, University of Florida

This poster session describes the implementation and evaluation of a service-learning project for an introductory youth development college course. Participants will learn ways to: promote collaborations between academia and youth-serving community organizations; access college students as sustainability-promoting volunteer resources; utilize experiential learning in the classroom and community; and evaluate the impact service-learning has on service providers and youth recipients.

## **TEEN Poster Sessions**

### *4-H Adventure In Science*

Alganesh Piechocinski, University of Maryland, Cooperative Extension  
Richard Steiner and Robert Shull, National Institute of Standards & Technology

Adventure in Science (AIS) is a partnership between Adventure In Science Inc. and the University of Maryland Cooperative Extension 4-H program. The program is designed to show youth ages 8-14 the fun of doing science. The program offers fun learning experiences in math and science and inspires adventurers to turn their questions of today into goal for the future and prepare for careers as scientists engineers, doctors and other science related professions.

### *The Actual Condition of Teen Cyber Crimes and Their Solutions*

Inheon Lee, Hankuk Academy of Foreign Studies, Korea

This poster session, presented by a Korean high school student, presents an overview of Internet crimes currently being committed by teenagers and to teenagers. Not only does this poster present the serious problems of the Internet culture imbrued with cyber crimes, but also suggests solutions for proper Internet moral principles, ultimately, leading young criminals to become responsible and rational family members.

### *Building Youth Leadership and Workforce Skills: The 4-H BYLAWS Workforce Preparation Program*

Carol Smathers and Beverly M. Kelbaugh, Ohio State University Extension

The Building Youth Leadership and Workforce Skills (BYLAWS) program utilizes newly interpreted 4-H curriculum, employs an innovative delivery model, includes essential program management procedures, and demonstrates program effectiveness through embedded pre-post evaluation activities, surveys, and focus group interview research methods. This program serves as a model for planning successful 4-H workforce preparation programs, especially those serving at-risk and urban youth.

*Differences in Youth Perceptions of Ohio 4-H Based on Gender*

Greg Homan, Jason Hedrick, and Jeff Dick, The Ohio State University Extension

Results from over 1400 youth in northwest Ohio reveal that 4-H is perceived more favorably from females than males. Parents and friends of female youth also tend to encourage females to be active at higher levels than males. It is important for 4-H to consider youth perceptions in program planning and development to ensure our programs appeal to all audiences.

*Establishing a Model of Relationships Education Targeting Youth: Outcomes of the First Year of a 5-year Statewide Project*

Jennifer Kerpelman and Francesca Adler-Baeder, Auburn University

Romantic relationships are important during adolescence, and adolescents can benefit from developmentally appropriate relationships education. The objective of this presentation is to offer an effective youth relationships education model developed by the Healthy Couples, Healthy Children: Targeting Youth project that includes explication of the partnering with and training of teachers, and the implementation of the curriculum and the evaluation process.

*Global Citizenship: What You Need To Know*

Lee Sherry, University of Nebraska-Lincoln Extension  
Alayne Torretta, Rutgers University Extension  
Kendra Wells, University of Maryland  
Kevin Wright, Washington State University

Global citizenship is not only exchange programs but can be weaved into all programs and activities. It promotes teaching the existing curriculum in a way that highlights aspects such as social justice, the appreciation of diversity and the importance of sustainable development. This interactive workshop will facilitate participant's understanding of ways to incorporate global issues into their already existing programs.

*"Okay, This is My Life": Psychosocial Experiences of Late Adolescents Coping with Parental Cancer*

Kerri Ashurst, University of Kentucky

Qualitative research findings will be presented on the psychosocial experiences of adolescents and young adults who have had a parent with cancer. Discussions will focus around risk/protective factors, influence of familial and community context, and prominent themes of

coping and survival. Handouts will contain practical information about applying this information to at-risk audiences coping with a variety of life crises.

*Personal Finance and Workplace Money Skills for At-Risk and Special Needs Youth*

Linda Strieter, Rutgers Cooperative Extension/Rutgers University

Learn creative ways to teach personal finance, working with money in the workplace and banking procedures in a classroom or out of school setting. Through the session, you will understand how students, particularly, learning challenged, gain measurable financial literacy and money management skills through fun, hands-on activities. You'll receive a handout ready to include in lesson planning.

*Promising Practices for Youth Involvement in Civic Governance*

Sandra Stockall and Amy Topp, University of Nebraska Extension

The focus of this program is to introduce the participants to promising practices that enhance youth and adult partnerships. These practices were identified through an evaluation of a youth in governance project conducted in Nebraska. The success of the project sites in Nebraska was impacted by practices that helped youth become full partners in community decision-making, leadership, and governance.

*The Teen Challenge for Global Citizenship*

Nila Cobb, David Hartley and Donna Patton, West Virginia University Extension

This poster session provides educators with an overview of tools to build on potential of at risk youth, employing high-energy programs in citizenship education. Focused on empowering and improving attitudes toward community service, a program outline includes team building games, advocacy training and community mapping to engage youth in good citizenship building.

*Teen Concerns, Attitudes, Perceptions and Behaviors*

Pam Hobson, Tom Schmitz, Amy Mitchell, Bev Doll, and Jessie Potterton, University of Wisconsin-Extension

This poster session highlights the results of an assessment that identified concerns, attitudes, perceptions and behaviors of more than 3700 teens in Southwest Wisconsin. The poster focuses specifically on how the information gained was used in the design and delivery of programs that effectively address the needs of local teens and their families, schools, and communities.

*Trail Mixx: Power of YOUTH for Trails and Physical Activity*

Elaine Johannes, Kansas State University, Research and Extension

Teens from communities across Kansas are promoting trail development and increasing their own physical activity in the process. Trail Mixx, a physical activity, trail development tool kit and

curriculum, is helping communities benefit from teen-adult partnerships that support trail development, promote existing trails and increase trail walking, running, biking and geocaching. Learn how Trail Mixx can help your community be more active!

## **PARENT/FAMILY Poster Sessions**

### *Do I Have to Play? A Comparison of Perceived Parental Involvement Associated with Athletic Participation in Urban and Rural Communities*

Erica L. Wilson, University of Georgia

This presentation will investigate the effects of parental sports involvement on adolescents in urban and rural communities. Previous work in the field has shown that parental support positively influences developmental outcomes and parental pressure has been shown to negatively influence developmental outcomes. This presentation examines the influence of context, specifically within urban and rural environments, on parental involvement associated with athletic participation.

### *Eating and Moving For Life*

Terrie James, Keith Cleek, Trisha Echols, Reyna Alvarez, and Easter Tucker, University of Arkansas Cooperative Extension

The Eating and Moving for Life program is an intervention using lab screenings to establish baseline levels for blood pressure, blood glucose and cholesterol. Participants also complete pre and post self assessments on their behavior. They are to attend sixteen dietary and fitness lessons to reduce the risk of hypertension, diabetes, and other nutrition related chronic diseases in minority populations.

### *Engaging Minority Audiences in Family and Parenting Education*

Madelyn Ridgeway and Donna Andrusyk, Iowa State University Extension

This poster session is geared towards professionals who work with minority audiences. It will focus on teaching techniques and strategies for working with minority families in urban communities using family strengthening programs including the nationally recognized *Strengthening Families Program for Parent and Youth 10-14*. Learn how these techniques and strategies can improve the social and emotional well-being of families in high need communities.

### *Factors that Threaten Grandparents Commitment to Raise Their Grandchildren*

Beth Knisely Tucker and Barb White, University of Arizona, Coconino Extension

Nationally there are over three million grandparents raising grandchildren, yet grandparents wrestle with, and some ultimately turn their grandchildren back to state custody. We will present findings from focus interviews conducted with grandmothers and grandfathers to learn what factors influence their decisions to keep or give up their grandchildren. This session will also discuss the implications for strengthening grandparent programming.

*Family Meals: Building Blocks for Living Healthy*

Patricia Brinkman, Linnette Goard, Shari Gallup, Melinda Hill, Cindy Oliveri, and Cheryle Jones  
Syracuse, Ohio State University Extension

Research done in the area of strengthening families cites that strong families spend time together. Participants will learn about the research that indicates eating together can improve not only the family's nutritional status and health, but children's character development, social skills and development of family traditions. Strategies, resources and suggested activities for teaching about family meals will be provided.

*The Family Solutions Program: Applications to Juvenile Offenders, Truant Students and Youth with Behavior Problems*

William Quinn, Clemson University

The Family Solutions Program is a multiple family group program for youth at risk. This ten-session early intervention program has been evaluated in multiple contexts and has demonstrated effectiveness in reducing juvenile delinquency, strengthening family life, and reducing parent stress. It is a program used by juvenile justice and courts, as well as school settings. The poster will provide an overview of the program, session content, and evaluation results.

*Intentional Harmony: Managing Work and Your Dual Earner Couple Relationship*

Angela R. Wiley, University of Illinois

Want to help diverse time-crunched dual-earner couples who are trying to manage work pressure and personal life? Teach how to keep romantic relationship thriving while working by maintaining intimacy, resolving conflicts, handling chores, and recognizing red flags. Come to this poster session to learn principles for partnering with community agencies and organizations to deliver national award-winning couples education.

*The Many Faces of Diabetes*

Jessica E. Hill, University of Georgia Cooperative Extension, DeKalb County

Diabetes is growing at an alarming rate. Type 2 diabetes affects the lives of 20.8 million children and adults in the United States (7% of the nation's population). An estimated 6.2 million people have diabetes and are unaware of it. This poster session will address what DeKalb County Georgia is doing to address this issue.

**COMMUNITY Poster Sessions**

*Capturing Urban Youth Voice to Assess Learning in Youth Development Programs*

Jennifer Skuza and Jessica Russo, University of Minnesota

This poster describes an evaluation approach used in a program titled Urban Youth Learn, which utilizes essays and a 5-component survey, and presents assessment results. This approach to



evaluation conveys the often absent voices of youth on their learning experiences and their impressions of the learning environments in their programs.

*Continuous Improvement in Community Youth Programs: Sustainability through Process Evaluation*

Jessica A. Sanderson, Jennifer V. Trachtenberg, Iva Kosutic, Stephen A. Anderson, and Ronald M. Sabatelli, University of Connecticut

This poster will describe a method for implementing continuous program improvement in community youth programs. Baseline process evaluation data, feedback to the program on strengths and limitations, assistance in preparing program improvement plans, and follow-up evaluation to assess program changes are core elements. A case study of an inner-city neighborhood youth center will be used to demonstrate this method.

*Creating Belonging, Generosity, Competence, and Independence in Youth Through Transformational Relationships and Engaged Institutions: Lessons from Roca*

Ellen Dorsey, Innovation Center for Community and Youth Development  
TBD youth presenter from Roca

For the most high risk youth getting them to simply show up and engage can be the greatest challenge. Transformational relationships and engaged institutions, two strategies from Roca in Massachusetts, show us how both youth and adults can work together to show up and reengage in life.

*Engaging Community Partnerships in Public Policy*

Ancilla Parducci, Kim Christman, and Margaret Larson, University of Illinois Extension  
Peter Flinn, Superintendent of Schools, Freeport School District

This poster reports on the poverty simulation that is designed to help participants begin to understand what it might be like to live in poverty. The project is collaboration between the University of Illinois Extension and Freeport Illinois. The findings from the evaluations discuss the effectiveness of the Poverty Simulation and how participants can begin to understand poverty through the simulation.

*Horizons: Community Leadership To Reduce Poverty*

Doreen Hauser-Lindstrom, Washington State University Extension  
Lynette Flage, North Dakota State University Extension

Horizons is a community leadership program aimed at reducing poverty in small, rural and reservation communities faced with economic decline and demographic change. Through the Horizons program, individuals of all ages explore perceptions about the sources of poverty; why there is poverty in their community; and create a vision to reduce poverty. Individuals learn that poverty is not just about lack of money.

*Mentoring Young Families: A Community Approach*

Kaye Shrout, Lisa Gilmore, Cheryl Maxwell, and Lameria Colclough,  
University of Arkansas Cooperative Extension Service

Two approaches to community mentoring will be explored in this poster session. A ten-year mentoring program in a rural community was replicated in an urban setting. Both have been successful in utilizing community leadership and resources to provide a network of support for young parents to learn life skills of parenting, resource management, nutrition/food preparation, and health.

*Operation EATERY Improves Work Force Skills*

Peggy Bledsoe, University of Georgia Cooperative Extension, Houston County  
Jan Baggaly, University of Georgia Cooperative Bibb County

Operation EATERY, a community partnership developed utilizing a grant, teaches food safety techniques to food handlers in the health district. Collaboration between the local health department and two county Extension agents increased knowledge and skills of food handlers through lecture and hands on activities.

*Perceptions of UVM Extension Children, Youth and Families at Risk Professionals as a Learning Organization*

Ellen Rowe, University of Vermont Extension

Research study addressed the lack of understanding about the relationship between the learning organization and the extension service, as applied to the University of Vermont extension and to determine the process that would influence UVM Extension toward becoming a learning organization. Results of the *Dimensions of Learning Organization Questionnaire* conducted with the University of Vermont extension including CYFAR project staff will be shared.

*What Does Culture Have to Do With It? Expanding CYFAR work in American Indian Reservations through Culture Based Education (CBE)*

Kathleen Schmaltz, Sean Brotherson, Sue Isbell, and Brenda Jacobson, North Dakota State University  
Mary Marczak, University of Minnesota

How culture on two American Indian Reservations plays a major role in the education components of CYFAR programming offered will be examined in this poster presentation. The Lakota and Ojibwe cultures, which provide community contexts for CYFAR programming; concepts of CBE; factors that facilitate project success; and experience of individuals, who are privileged to work in American Indian Reservations will be highlighted.